



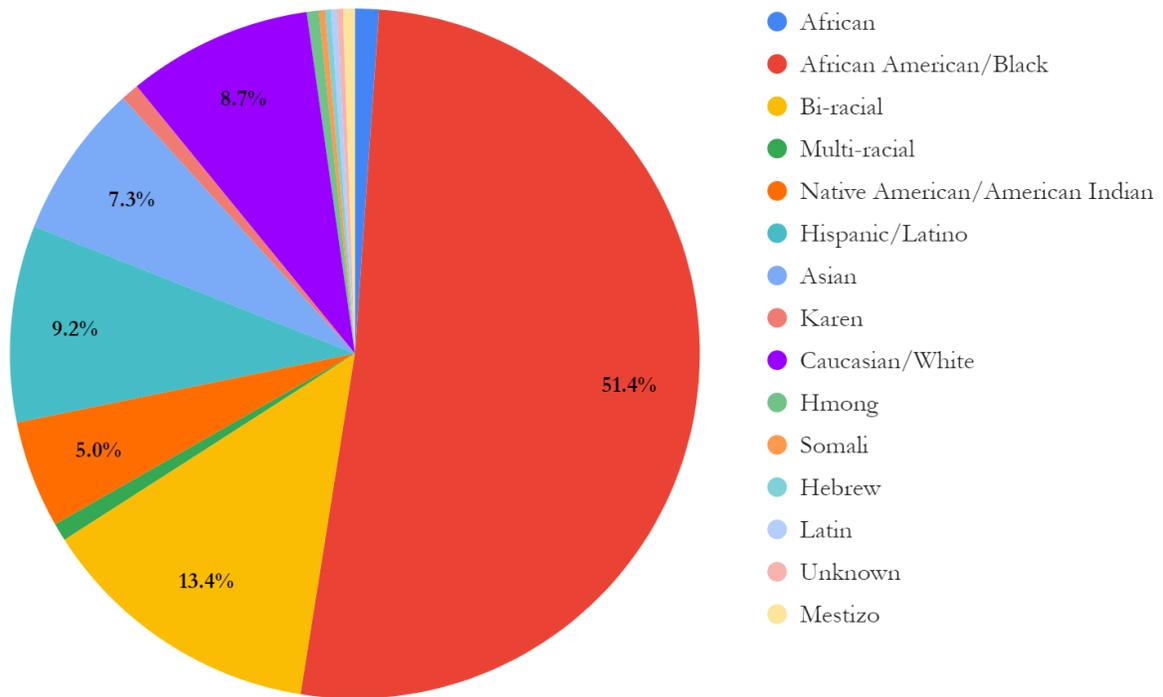
2021 Impact Survey

In 2021,

- we delivered 1224 beds to 497 families
- 300 of the families the we delivered beds to (60%) recently experienced homelessness
- 387(78%) were single-parent families, with 367 led by single women (74%)

City	# of families		
Anoka	8	Minnetonka	1
Blaine	5	New Hope	3
Bloomington	19	North Oakdale	1
Brooklyn Center	8	North St. Paul	1
Brooklyn Park	14	Plymouth	6
Circle Pines	2	Richfield	4
Columbia Heights	1	Robbinsdale	4
Coon Rapids	8	Roseville	2
Crystal	4	Sauk Rapids	1
Eden Prairie	3	South St. Paul	1
Excelsior	1	St Cloud	1
Fridley	3	St. Francis	1
Hopkins	2	St. Louis Park	8
Hugo	1	St. Paul	153
Maple Grove	7	Watertown	1
Maple Plain	2	Wayzata	1
Maplewood	10	White Bear Lake	1
Minneapolis	202	Grand Total	497

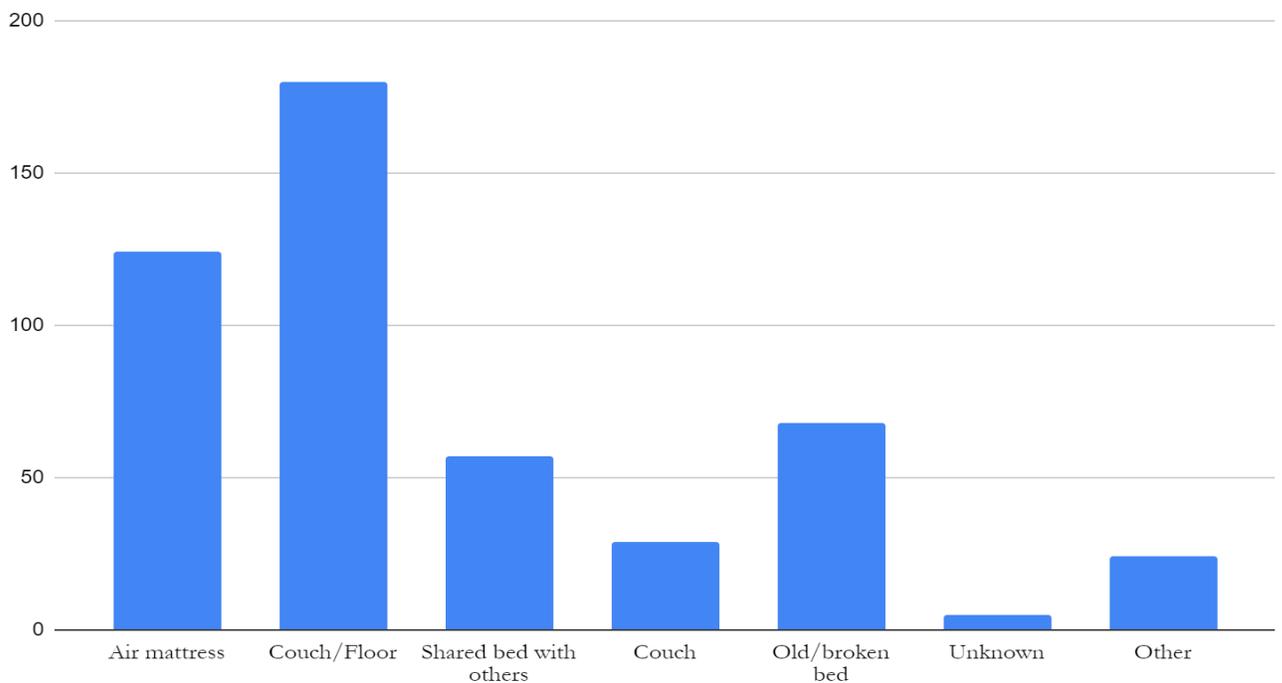
461 families self-identified as:



We called all families at least one month after delivery. We spoke with 232 families (47%), and this is what we learned.

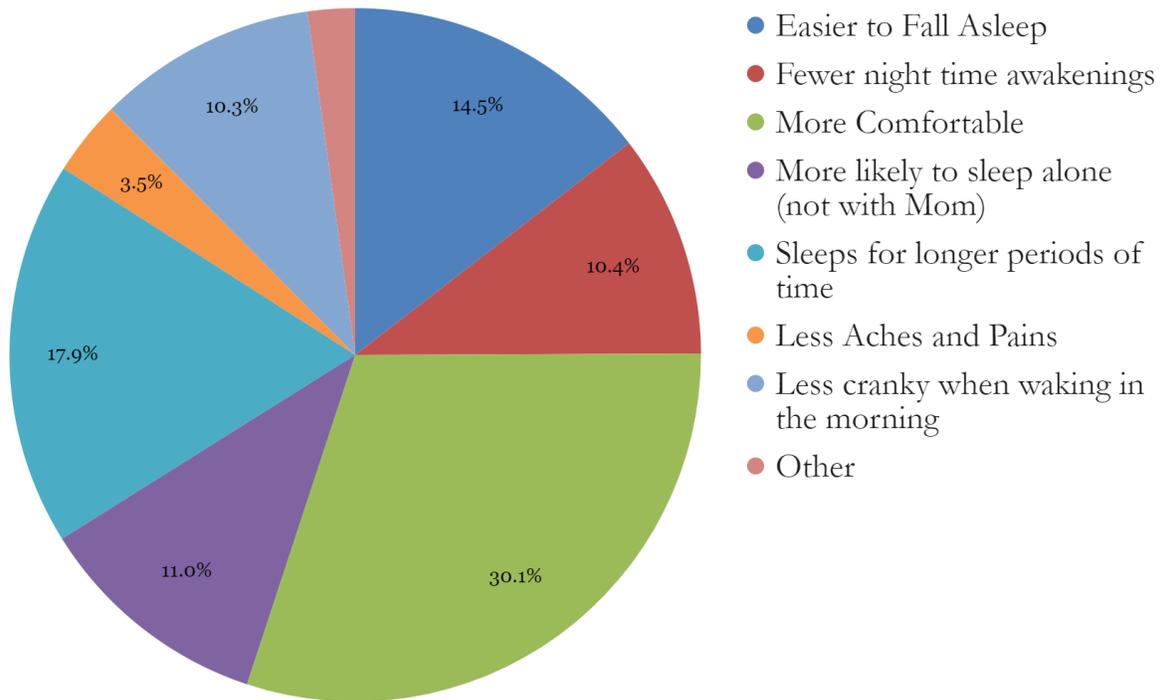
- 97% (212) are still living at the home that we delivered the beds to
- 97% (494) are still using their beds

Before receiving their beds, children were sleeping:



Sleep Improvement:

87% noticed improvement in their children's sleep, including



Other comments:

-My back feels a lot better. I feel a lot more comfortable.

-My 14 year-old son has autism and moves around a lot while he sleeps. He was falling out of his old bed and struggling to sleep at all. He would be up at 3 a.m. some mornings. Now he is sleeping through the night comfortably.

- She goes to sleep on time. And she no longer asks to sleep with her mom.

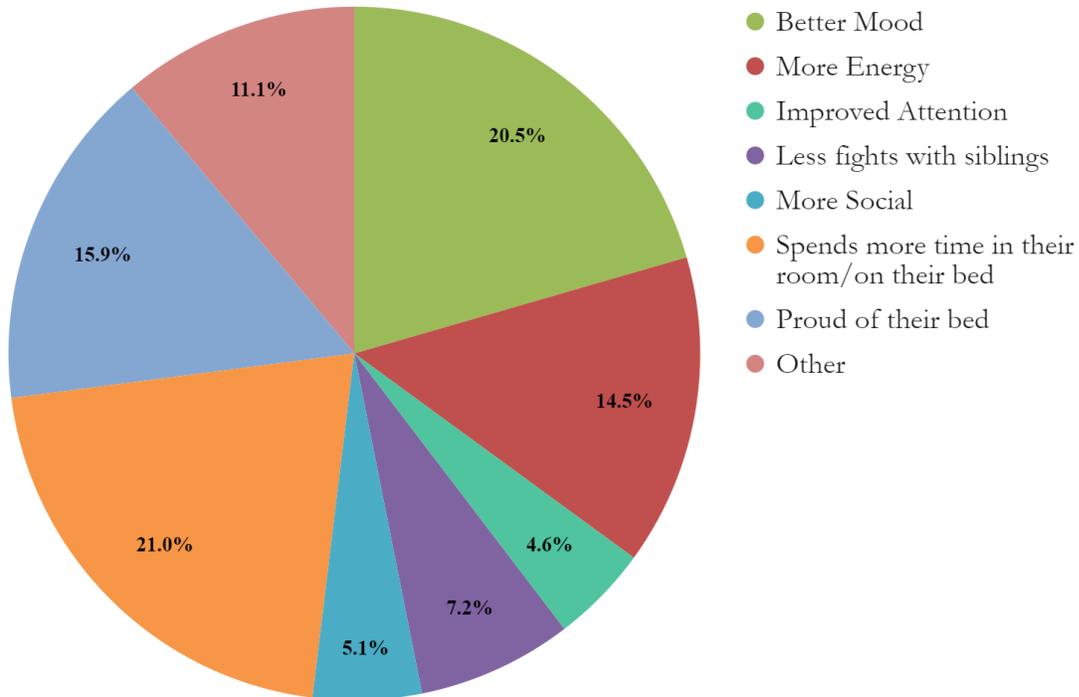
- He used to have seizures all the time; and he isn't anymore. He can sleep on his side now and this prevents his epilepsy episodes.

- They used to fight about who got to sleep with mom; now she goes to bed early and on her own and usually sleeps all night in her own bed. They are both excited to have their own beds to sleep in.

-While she still crawls into bed with me, she's sleeping in her own bed more. She goes to bed in her own bed and sleeps heavily for 3 or 4 hours at a time now.

Behavior Changes

- 64% reported noticing positive changes at home since their children received their beds.
Families report that:

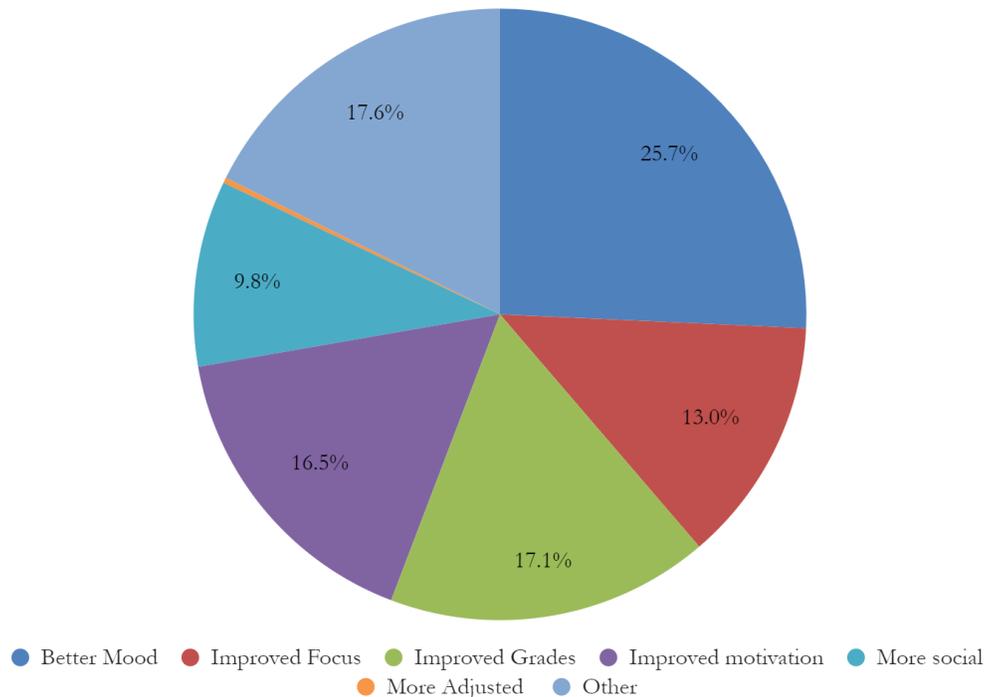


Other comments:

- They are more focused and awake.
- Since he is well rested, he doesn't have as many outbursts.
- She used to have the attitude of a 16-year-old; she is sweet now.
- They have been listening a lot more.
- She is more cheerful and upbeat; she wants her mom to let her friends come over.
- They are very happy and feel so much better having their own space.
- She likes her bed, and we're working on a routine about making it.
- They have less anxiety and better regulation.

School Performance

- Of those with children attending school(144), 48% noticed positive changes in school performance or behavior at school since receiving their new beds. Specifically,



Other comments:

- I am more focused. I'm not sleeping in school any more and can give a full day's worth of attention. I definitely have improved at school; my grades show it.
- He was falling asleep at school and having other problems at school before; He is doing great now, and has improved grades.
- We are getting fewer calls from the school.
- She is happier now about going to school
- She's always been good at school, but when she was couch-hopping and homeless, she was more isolated. Since she got her bed, mom has noticed she's more social.
- She attends class more regularly because she gets her rest.
- She gets us up first and I don't hear anything about body aches, so she must be sleeping well.